

# Staci Rocha, MA LPC

## Education

**Masters in Counseling** *Wayland Baptist University, Plainview* [June 2010]

- Member of Psi Chi Honor Society

**Bachelor of Science** *Wayland Baptist University, Lubbock* [June 2008]

- Psychology major with a minor in Sociology

## Professional Experience

**Licensed Professional Counselor** *Private Practice-Self-Employed* [January 2014-present]

- Provide individual counseling services for adults and adolescents

**Licensed Professional Counselor** *Coolbaugh Chiropractic Clinic* [January 2014-present]

- Provide counseling services as part of an interdisciplinary approach for Chronic Pain management program

**Adult Counselor** *Women's Protective Services, Lubbock, TX* [June 2011-October 2013]

- Provide trauma-focused individual counseling sessions for crisis situations involving domestic violence issues
- Facilitate open psycho-educational groups including: Anger Management; Dating-101; Self Esteem; Parenting; Life Skills; and Job Readiness, in order to empower clients to understand the cycle of abuse, and learn how to implement life skills to create positive change
- Provide 24-hour on-call crisis intervention services
- Conduct quarterly follow-up phone calls for all resident and non-resident clients to extend domestic violence support services

**Family Therapist** *Lubbock Juvenile Justice Center, Lubbock, TX* [April 2010- June 2012]

- Conducted counseling sessions in the home working with an adolescent (age 12-17) who had been placed on juvenile probation, and his or her family members, to address areas such as communication skills, coping skills, etc.
- Communicated with the adolescent and parents in both, family and one-on-one sessions, to work through problematic behavior
- Created session Update, Plan, Status, and Supervision (UPSS) notes regarding family session in order to identify issues and track progress

## Field Experience Summary

*Covenant Behavioral Health, Lubbock, TX*

- Conducted admission consultation to determine concerns to be addressed
- Obtained experience in managing and overseeing group therapy sessions
- Developed retention strategies for substance abuse clients

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## *Inspirations Geriatric Counseling Center, Lubbock, TX*

- Conducted client consultation at admission to determine concerns to be addressed
- Managed group therapy sessions that focused on social skills

## *Frenship ISD's Westwind and Northridge Elementary Schools, Wolfforth, TX*

- Assisted with implementing case management and coordinating social service programs for clients
- Co-therapist for student anger management group

## *Women's Protective Services, Lubbock, TX*

- Obtained experience in evaluating clients and conducting patient intake surveys
- Worked with clients to provide counseling and education related to domestic violence and issues such as trauma, addictions, and mood disorders
- Hired as an Adult Counselor employee in June 2011

## *Lubbock Regional MHMR Center, Lubbock, TX*

- Communicated during group sessions with clients to work through familial and personal problems
- Managed group therapy sessions
- Assisted in implementing individual behavior modification

## **License and Professional Affiliations**

State of Texas Licensed Professional Counselor (LPC), License #: 68089

West Texas Counseling Association

*Member since 2008*

Suicide Prevention Coalition

*Member since July 2012*

Texas Counselor Association (TCA)

*Member since September 2012*

Hispanic Association of Women (HAW)

*Member since April 2014*

Women's Organization at Christ the King Cathedral

*Member since November 2014*